



EARLOBE REPAIR POST-OPERATIVE INSTRUCTIONS

Please read and familiarize yourself with these instructions both **before** and **after** your surgery. Following these instructions carefully will assist you in obtaining the best result from your surgery.

Earlobe Repair surgery is typically performed under local anesthesia with or without mild sedation. **If you are having IV sedation, you cannot drive for the first 24 hours after surgery and you will need someone stay with you for the first 24 hours.**

If you are having IV sedation, you CANNOT have anything to eat or drink after midnight prior to surgery. The morning of surgery, you may take your usual daily medications with a sip of water, unless directed otherwise.

Please wear clothing that buttons or zips up to your surgery. Avoid slipover shirts and turtlenecks.

For the first 48 hours after surgery when resting/sleeping, it is best to elevate your head with 2-3 pillows to minimize swelling.

You can shower the following day. Gently cleanse the area, and pat dry. Apply Polysporin ointment to the sutures in the morning and night for the first 7 days.

Use ice compresses regularly (20 minutes on, 20 minutes off while awake).

Swimming in a pool, lake or hot tub is **NOT permitted** until sutures are removed.

For pain and/or discomfort use Acetaminophen 500-1000mg every 4 hours as needed (to a maximum of 4000mg per day). Stronger pain medication may be prescribed to you by Dr. Jaggi, only if he deems necessary.

Post procedure downtime is minimal, most patients can return to work the following day. Avoid strenuous activity and activities where your ears could be bumped/injured (i.e., contact sports) for 2 weeks.

Avoid holding a phone to your ear and tight slip over clothing.

You will be booked for a follow up appointment in 7-10 days to have your sutures removed.

Contact your physician immediately if you develop any of the following:

- Excessive swelling, bleeding, or severe pain, uncontrolled by pain medication.
- Signs of infection (discharge, fever, chills, redness at the incision).
- If you have been admitted to hospital or received medical care within 10 days of having your procedure.

You will be given an emergency contact number upon discharge