

# Tenth Annual McGill Facial Plastic Surgery Course

- ✓ One on one instruction and teaching
- ✓ Injectable fillers and neurotoxins workshop
- ✓ Hands-on fresh frozen cadaver dissection for all participants
- ✓ Bring your difficult cases and ask the experts

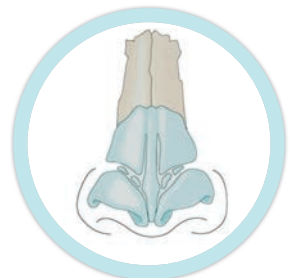
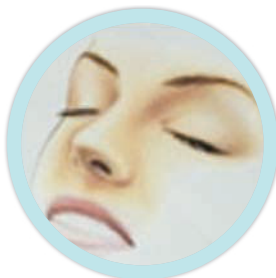


**May 17-19 2019**

Course Director:

**Mark Samaha**

MSc, MD, FRCSC





# McGill

## Tenth Annual McGill Facial Plastic Surgery Course

### LOCATION

#### McGill Medical Simulation Centre

3575 Parc Ave, Suite 5640  
Montreal, QC H2X 3P9

#### Montreal Centre for Facial Plastic Surgery

(Injectable fillers and  
Neurotoxins Workshop)  
1240 Beaumont, Suite 200  
Montreal, QC H3P 3E5

## FACULTY



### Mark Samaha, MSc, MD, FRCSC Course Director

Associate Professor  
Otolaryngology - Head and Neck Surgery  
Facial Plastic and Reconstructive Surgery  
McGill University



### Kal Ansari, MD, FRCSC, MACMD

Associate Professor  
Otolaryngology - Head and Neck Surgery  
University of Alberta



### Michael G. Brandt, MD, FRCSC

Department of Otolaryngology –  
Head and Neck Surgery  
Facial Plastic & Reconstructive Surgery  
University of Toronto



### Rick Jaggi, MD, FRCSC

Adjunct Professor  
Otolaryngology - Head and Neck Surgery  
University of Saskatchewan



### Alex M. Mlynarek, MSc, MD, FRCSC

Assistant Professor  
Head and Neck Oncology  
Otolaryngology - Head and Neck Surgery  
McGill University



### Richard Rival, MD, FRCSC

Lecturer  
Otolaryngology - Head and Neck Surgery  
Facial Plastic and Reconstructive Surgery  
University of Toronto



### Philip Solomon, MD, FRCSC

Lecturer  
Otolaryngology - Head and Neck Surgery  
Facial Plastic Surgery  
University of Toronto



### Mark Taylor, MD, FRCSC, FACS

Professor and Interim Head  
Otolaryngology - Head and Neck Surgery  
Dalhousie University



### Jonathan R.B. Trites, MD, FRCSC, FACS

Associate Professor  
Otolaryngology - Head and Neck Surgery  
Dalhousie University



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## Visit Montreal

Spring is a great time to visit Montreal. Take advantage of the vibrant cultural scene and activities, museums, and a world renowned orchestra. Montreal has the second highest number of restaurants per capita in North America, making it a “foodie” city, with variety to please every palate. Visit Old Montreal to appreciate its stunning architecture and European charm. Enjoy the multicultural vibe that is so characteristic of this wonderful city.

## Target Audience

The course provides a valuable educational opportunity for practicing physicians of all levels of experience and residents in training. The program covers aesthetic and reconstructive topics and techniques relevant to facial plastic and reconstructive surgery. The format of the course allows participants of all levels to tailor their learning experience according to their goals, from the most basic to the most complex.

## Course Description

The course spans the entire spectrum of facial plastic and reconstructive surgery. It is unique in Canada in its scope, audience, size, and quality of cadaver dissection facilities and specimens.

Instructors are prominent leaders and educators in the specialty in Canada. The ratio of instructor to participant allows for one-on-one teaching and coaching. There is a total of no less than **12 hours of cadaver dissection by the participants**. There are 2 participants per cadaver stations to insure full exposure to all procedures by each participants. Exceptionally, a third participant may be added.

Didactic lectures cover a wide range of topics and emphasize a practical approach to surgical decision-making and techniques. The course is geared to facilitates interaction between registrants and faculty.

The injectable fillers and neuromodulator workshop allows for exposure to variety of techniques by different expert injectors. Tips and assistance on incorporating fillers and neurotoxins in your practice are also available. Live patient demonstrations with small groups provide easy exposure and opportunity for interactive learning.

## Learning Objectives

At the conclusion of the course, the participant should be able to:

- Discuss principles and basics in facial plastic and reconstructive surgery
- Explain different approaches, incisions, and techniques in modern esthetic rhinoplasty
- Debate different treatment choices and approaches to the aging face
- Utilize technical pearls for complex problems and deformities
- Delineate sound principles in facial reconstruction, including optimal choice of reconstructive option
- Be able to incorporate fillers and neuromodulators into his/her practice and apply safe and optimal injection techniques

## CME

Practicing Otolaryngologists will be eligible for up to 20 hours of Category 1 CME credits through McGill University department of Otolaryngology-Head and Neck Surgery.



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## CADAVER DISSECTION SESSIONS

The cadaver dissection sessions allow for close interaction with faculty, demonstrations, and a great deal of flexibility for candidates to try various techniques.

### Esthetic Facial Plastic Surgery:

Fresh cadaver specimens will be used. Hands-on practice of surgical techniques as well as injection of fillers into cadaver heads, including

- Rhinoplasty - Open and endonasal
- Blepharoplasty
- Cervicofacial rhytidectomy - all techniques
- Forehead/Brow lift
- Otoplasty
- Chin implantation
- Injectable fillers

### Local and regional flap reconstruction:

Prosection demonstrations and hands-on dissection of local flap reconstruction techniques, including

- Forehead flap
- Melolabial flap
- Lip reconstruction
- Deltopectoral flap
- Submental flap
- Supraclavicular flap
- Various other flaps





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## **Friday, May 17 Lecture Session:**

### **Location: McGill Medical Simulation Centre Lecture room:**

- 7:30 - 7:50 Breakfast and registration
- 7:50 - 8:00 Welcome and introduction - Mark Samaha, MD
- 8:00 - 8:30 Local Flaps in facial reconstruction - Kal Ansari, MD
- 8:30 - 8:50 Nasal reconstruction 1 - Alex Mlynarek, MD
- 8:50 - 9:10 Question period & break
- 9:10 - 9:30 Nasal Reconstruction 2 - Rick Jaggi, MD
- 9:30 - 9:50 Scar revision - Michael Brandt, MD
- 9:50 - 10:20 Regional flaps in facial reconstruction - Jonathan Trites, MD
- 10:20 - 10:30 Break

## **Cadaver Dissection Session:**

### **Location: McGill Medical Simulation Centre Skills lab**

- 10:30 - 12:00 Cadaver dissection by participants  
Flap demonstrations: K. Ansari, A. Mlynarek, J. Trites, M. Brandt, R, Jaggi  
Nasolabial flap  
Paramedian forehead flap  
Scar revision

- 12:00 - 13:00 Lunch Panel - Ask the Experts**  
**K. Ansari, A. Mlynarek, J. Trites**

## **Cadaver Dissection Session (cont'd):**

- 13:00 - 16:00 Cadaver dissection by participants  
Flap demonstrations: K. Ansari, A. Mlynarek, J. Trites, M. Brandt, R, Jaggi  
Various regional flaps (submental, pectoralis, etc.)  
Various local flaps (rhomboid, bilobed, V-Y advancement, cervicofacial, etc.)



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**Saturday, May 18**  
**Lecture Session:**

**Location: McGill Medical Simulation Centre Lecture room**

7:30 - 8:00	Breakfast
8:00 - 8:20	Open Rhinoplasty - Richard Rival, MD
8:20 - 8:40	Endonasal Rhinoplasty - Philip Solomon, MD
8:40 - 9:00	Upper Lid Blepharoplasty - S. Mark Taylor, MD
9:00 - 9:20	Question period & break
9:20 - 9:40	Lower Lid Blepharoplasty - Kal Ansari, MD
9:40 - 10:00	Facelift, SMAS and deep plane, with Fat transfer - Mark Samaha, MD
10:00 - 10:20	Introducing fillers into your practice - Michael Brandt, MD

## Cadaver Dissection Session:

**Location: McGill Medical Simulation Centre Skills lab**

10:30 - 12:00 Cadaver dissection by participants

Demonstrations: R. Rival, M. Samaha, S.M. Taylor, M. Brandt, P. Solomon  
Rhinoplasty - open and endonasal  
Blepharoplasty - upper lid

**12:00 - 13:00 Lunch**

## Cadaver Dissection Session (cont'd):

13:00 - 16:00 Cadaver dissection by participants

Demonstrations: R. Rival, M. Samaha, S.M. Taylor, M. Brandt, P. Solomon  
Blepharoplasty - lower lid  
Facelift - SMAS and Deep plane  
Forehead lift  
Chin implant



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**Sunday, May 19**  
**Workshop:**  
**Neuromodulators and injectable fillers**

**Location: Montreal Centre for Facial Plastic Surgery**

8:00 - 8:30 Breakfast  
8:30 - 10:30 Neuromodulators and injectable fillers demonstrations - live patients  
R. Rival, MD Kal Ansari, MD  
S.M. Taylor, MD Michael Brandt, MD  
M. Samaha, MD

**Filler demonstrations**

**NEW\*** Non-surgical rhinoplasty  
Nasojugal folds (Tear troughs)  
Nasolabial folds  
Geniolabial folds (Marionette lines)  
Temporal fossae  
Malar/submalar regions  
Buccal hollows  
Lips

**Neurotoxin (Dysport) demonstrations**

Frontalis (forehead)  
Corrugators (glabella)  
Orbicularis (Brows)  
Orbicularis (crow's feet)  
Masseter (Bruxism)  
Nasalis (Bunny lines)



**10:30- 10:45 Wrap-up**



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## ACCOMMODATIONS

OMNI MONT-ROYAL

1050, Sherbrooke Street West, Montreal, QC 514-284-1110

\$ 219.00 CAD for Deluxe accommodation

\$ 249.00 CAD for Premium accommodations

\$ 339.00 CAD for Omni Suites

Room block reserved and rates available until April 16th under “**McGill Facial Plastic Surgery course**” .  
Rates will be valid from May 16th to May 19th, 2019.

Info and reservation for course attendees available at

<https://www.omnihotels.com/hotels/montreal-mont-royal/meetings/10th-annual-mcgill-facial-plastic-surgery-course>

Alternative accommodations are also available. Please click the link below for hotels with group rates for McGill University. Booking can be made by mentioning McGill University.

<https://www.mcgill.ca/accommodations/mohp>

## REGISTRATION

Includes lectures, cadaver dissection lab and injectables workshop.

Practicing physicians: \$1950

Fellows: \$650

Canadian Residents: \$350

Non-Canadian Residents: \$1000

Payment by Credit Card: Please fill out the registration form below and send by email to [course2019@icloud.com](mailto:course2019@icloud.com) or fax: 514 731-5760

Payment by Cheque: Please fill out the registration form below and send with Cheque payable to “Otolaryngology Fund Account 65172” to the following address:

Facial Plastic Surgery course  
1240 Beaumont, Suite 200  
Mont-Royal, Quebec  
H3P 3E5

### Contact information

Contact Coordinator: Angie Bousoulas

Tel.: 514 731-2525

E-mail: [angie@montrealfacialsurgery.com](mailto:angie@montrealfacialsurgery.com)